

DAY-1

Time	Topics	Learning Objective	Activity	Methodology	Focus & debrief
10-10:30	Introduction and Icebreaker	To play fun games to build and enhance rapport	Icebreakers and energizers	Participants will share and learn about each other in a fun activity	Discovering each other, rapport building
10:30-11:30	Team Building	To demonstrate how teams synergize.	Caterpillar Walk	Participants form groups and are tied to each other. They need to move from point A to point B in sync with each other through hurdles	Team Building, interdependencies, empathy, coordination
11:30-12:00	TEA BREAK				
12:00-13:30	Communication	To demonstrate effective communication skills	Minefield	Participants are blindfolded and are guided by a leader across the minefield (obstacles) in the shortest time possible.	Understand the challenges of Communication & learn to adapt communication style.

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13:30-14:00	Listening Skills	Importance of listening and active listening	I need to share	Participants work in pairs and share their stories with their partners who demonstrate good and bad listening skills	Listening is an active process
14:00- 15:00			LUNCH		
15:00-16:00	Conflict Management	To evaluate conflict of interest and relate to the different views and perceptions	Factory output Dilemma (Game theory)	Participants have to take a stand based on their perception	Conflict Perceptions Resolving Conflict
16:00-17:00	Conflict Management Styles	Conflict Management Styles	Psychometric Test	Participants take the test and calculate their scores to understand their conflict management style	Conflict management, Perceptions, Inclusion
17:00-17:30			TEA BREAK		

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17:30- 18:30	Critical thinking & Problem solving	To create awareness and perspective towards problem solving. Develop critical thinking	6 thinking hats - (Edward de Bono)	Participants are given a situation to make a decision through brainstorming. Understand the process of decision making with 6 thinking hats	Use critical thinking for problem solving
18:30-19:00	Reflection time		Interactive Discussion	Teams get into groups and share their learnings from the day	Summary Learnings Experiences

To learn about schedule of Day - 2, please scroll down



DAY-2

Time	Topics	Learning Objective	Activity	Methodology	Focus & debrief
10-10:30	Recap	Recap	Ball activity	The ball is randomly passed amongst the participants. Whoever has the ball has to share a learning from last day	Recap of learnings from Day 1
10:15-11:30	Self-Awareness and Emotional Intelligence	Enhance participant's perception of self and others	Johari window and Instructor lead discussion (ILD)	Participants will share and learn about each other in a fun activity.	Self-awareness helps understand ourself, our behaviour and others. Managing emotions and responding responsibly
11:30-12:00	TEA BREAK				
12:00-13:30	Teamwork and Coordination	Strategize and Work in synergy	Helium stick	Participants hold a stick in group and try to raise it higher than the other team	Empathy, work in collaboration, aligning common goals and strategize, Teamwork

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13:30-14:00	Big Picture thinking	To zoom out as a leader and think with bigger picture in view	The puzzle breaker	Divided into groups, the participants are given different tasks. They all need to collaborate to achieve a larger goal	The ability to zoom out when needed is essential to achieve bigger goals beyond routine tasks.
14:00- 15:00			LUNCH		
15:00-16:00	Prioritizing	To help the participants understand the importance of prioritization	We did it!	Understand and apply covey's matrix to manage time effectively	Delegation, saying no effectively,
16:00-17:00	Managing time effectively	To help the participants priorities their work for better productivity	Covey's Matrix (ILD)	Participants take the test and calculate their scores to understand their conflict management style	Conflict management, Perceptions, Inclusion
17:00-17:30			TEA BREAK		

Time	Topics	Learning Objective	Activity	Methodology	Focus & debrief
17:30- 18:30	Constructive feedbacks	To help participants understand the importance of sharing and giving positive feedback	Pat on the back	Participants go around the room writing positive feedback for their colleagues	Valuing appreciation, being Givers, and receiving with gratitude, Observing Good things in others
18:30-19:00	Key Areas for Development	To identify Key Areas of Development and Action Items	Group Discussion / Flip Chart Activity	Participants work on the traffic light metaphor and formulate on Action Items	Identifying action items using the traffic light metaphor.

END OF DAY - 2

* The sequence and selection of activities is subject to the weather conditions and comfort of the participant. The objectives of the session shall be met irrespective.

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